



## LEAH FOYLE

**HUMAN NUTRITION BSC**  
**UGANDA 2017, 2018, 2019, 2020**  
**AND TANZANIA 2023**

Meet Leah.

Leah first got involved with UCDVO back in 2016, compelled by her curiosity about global injustices. Fast forward seven years, and she is still going strong. Over the years, Leah has contributed to UCDVO as a general volunteer, student society member, team coordinator and as a board member. She still regularly returns to UCDVO from her job as paediatric dietitian in London to train new volunteers and volunteer overseas as a clinical tutor.

**"I'll always want to be part of UCDVO."**

Leah returned to volunteer with

UCDVO seven times, participating in projects to provide holistic care for families who have children with disabilities. She collaborated with student physiotherapists and dietitians to offer physiotherapy and nutritional support.

A significant aspect of her work involved providing educational resources to combat disability stigma and create inclusive and supportive spaces in the local community.

**"We work with our fabulous partners Nurture Africa and The Holy Union Sisters to run therapy-led camps involving postural management, educational sessions, and play/music therapy, all while having as much fun as possible."**

Leah's first degree in economics and finance also came in handy as she supported families in applying for micro-financing loans as part of Nurture Africa's livelihoods programme, allowing them to achieve financial security and independence.

During her time volunteering in East Africa, Leah had ethical concerns about the use of images and the messaging used by volunteers on social media. With support from UCDVO and other student volunteers, she developed a set of social media guidelines, promoting a more considered and ethical approach to sharing experiences. These guidelines remain a fundamental part of UCDVO's volunteer programme which Leah now teaches to new volunteers.

**"The training is always evolving. UCDVO is constantly questioning and improving the volunteer programme."**

Leah was keen to attribute the success she's had in her career to the transformative experience and global perspectives gained throughout her involvement with UCDVO.

**"I can guarantee there is no way I'd be where I am without my skills from volunteering overseas. It has completely accelerated my development. I owe it to UCDVO."**

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**I can guarantee there is no way I'd be where I am without my experience from UCDVO.**



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